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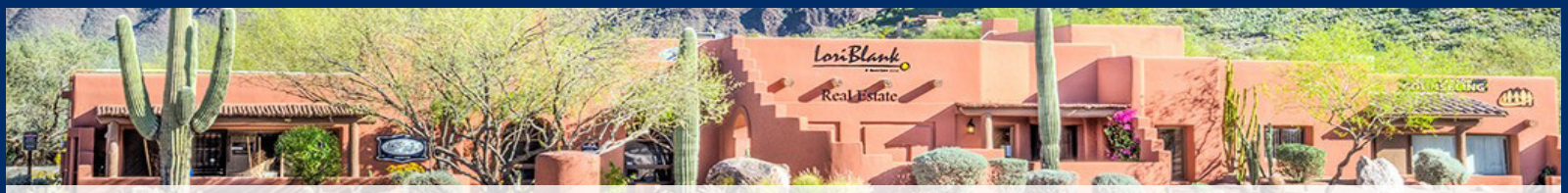

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$179,500 Call Zach or Shelly!

MOUNTAINBROOK VILLAGE! SAGUARO MODEL!
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$369,000 Call Linda

MOUNTAINBROOK VILLAGE! POOL & VIEWS!
1902 sf, 2 master suites 2 baths and big 3 CAR GARAGE! Premium corner lot too! Home is updated including baths! Vaulted ceilings, Granite counters white cabinetry, N/S xposure!
$385,000 Call Lisa

PERALTA TRAILS! JUST GORGEOUS!
BIG 2611 sf, 4 bdrms, 3 baths, huge 3 car garage! One of the largest lots in Peralta! Backyard is a paradise with VIEWS, POOL, outdoor BBQ, large side yard has wide RV GATE and the 3 car garage is extended in length! Dont let this one get away!
$479,900 Call Sam

TOSCANO VILLAS! BEAUTIFUL BIG UNIT LOADED!
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$338,900 Call Zach or Shelly

MOUNTAINBROOK VILLAGE ON THE GOLF COURSE!
2930 sf, 3 bdrms, 2.5 baths, den/office, 3 car garage! Loaded with upgrades! High end salt-wtr Pool and hot-tub! Firepit, Fireplace, built-in BBQ! Open floor plan , air-conditioned garage! GORGEOUS!!
$389,000 Call Linda

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$535,000 Call Sam

KINGS RANCH CONDOMINIUMS!
1058 SF, 2 bdrms, 2 baths, COMMUNITY pool!
Open floor plan, front courtyard, and back patio!
ONLY $160,000 Call Carol

MOUNTAINBROOK VILLAGE BEAUTY!
Saguaro model! 1441 sf, 2 bds, 2 bths, 2 car gar, huge laundry room perfect space for office or hobby area! Mountain view, lush landscape provides lots of privacy!
$269,000 Call Dawn

PERALTA TRAILS!
LOCATION! LOCATION! LOCATION!
UPDATED! POOL, SPA , OUTDOOR KITCHEN! PRIVATE! 1641 sf, 3 bdrms, 2 baths, 2 car garage!
$374,500 Call Sam for all the info!

SUNRISE AT GOLD CANYON RANCH!
Beautiful home with 1366 sf, 3 bdrms, 2 baths and 2 car garage! Newer appliances2-10 home warranty too!
$259,000 Call Zach or Shelly for more information and more like this one!

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$532,000 Call Marlene

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MOUNTAINBROOK VILLAGE GORGEOUS JASMINE!

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$350,000 Call Linda

MOUNTAINBROOK VILLAGE! ON GOLF COURSE!

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$279,900 Call Marlene

APACHE JUNCTION BEAUTY!

NO HOA! 1232 SF, 3 BDRMS, 2 BATHS, 2 car carport, 2 storage sheds, Ramada, BbQ area, room to store your RV and other toys, several rooms of furniture stay!

$224,000 Call Erma

COMING SOON!

GORGEOUS BAYBERRY CASITA ON THE GOLF COURSE WITH BREATHTAKING SUPERSTITION VIEWS!!

Call Lori for information!

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4335 S EL CAMINO DEL BIEN 1.16 AC.....$149,900
4760 AVENIDA CORAZON DE ORO .65 AC....$159,000

MESA DEL ORO

6968 TUM TUM CT. APPX 1 AC.....$99,000 - **SOLD**
6399 E LAZY LANE 1.15 AC.....$189,000 - **SOLD**

GOLD CANYON

0 S MORNINGSIDE LANE 1.35 AC.....$99,000 - **SOLD**
EAGLE PASS 7000 SF.....$48,000 - **SOLD**
0 E VISTA DEL SOL 1.25 AC!.....$65,000 - **SOLD**
1.25 ACRES ON PRICKLY POINT.....$85,000 - **SOLD**
2.45 AC 0E OPEN SKY.....$179,000
YAQUI LANE .51 AC.....$189,000

GOLD CANYON EAST

9722 TREASURE PLACE .70 AC.....$129,000 - **SOLD**
9771 DEADSURE PLACE .70 AC.....$129,000

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5820 S ESTRELLA RD #76.....$28,000 - **SOLD**
.16 AC 10444 LA PALMA.....$30,000 - **SOLD**

KINGS RANCH ESTATES

10631 E MAVERICK TRAIL 1.5 AC....$123,000 - **SOLD**
10571 MAVERICK TRAIL 1.92 AC.....$149,900

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AUGUST 2020 ❱ VOL 4 - Nº 8

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Contact editor@mansurdesign.com for any questions.

Article & Photo Submissions Welcome & Encouraged!

Please limit stories to approximately 400 words. Use the form at: Superstitionliving.com
Calendar events (apx. 100 words) are submitted at: Superstitionliving.com

We are primarily interested in stories directly related to our circulation area. We will run these stories and photos based on space available each month. No guarantee of publication is made.

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ON THE COVER

Submitted by Hermance Luff

AUGUST **2020**

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Walking in Queenvalley in the early morning by Karen Finley

LOCAL EVENTS

COMMUNITY CALENDAR

Submissions are due 10th of the month prior

editor@mansurdesign.com

August 1- 30th, 2020 - AJ HYDRATION CHALLEGE | drop off a case (or more) of bottled water today through August 30 to one of our drop off locations during their normal business hours. Donated water will be distributed to those in need through our hydration partners. Current Drop Off Locations: AJ Multi-Gen Center, AJ Public Library, and the AJ Community Food Bank.

August - BLUE STAR FREE ADMISSION AT SMM | Superstition Mountain Museum is one of hundreds of Blue Star Museums across America, and as such, has joined the other museums in offering free admission to active duty military personnel and their spouses and children this summer from Saturday May 16th, Armed Forces Day, through Labor Day, Sept. 7, 2019.

Friday August 7, 2020 - NATIONAL PURPLE HEART DAY| In honor of the National Purple Heart Day, the VFW chapter #7968 along with the Hatfield Medical Group will be inviting all members to join us for lunch. The lunch will start at 11am and ends at 1:30pm. The VFW address is 250 S. Phelps Dr. in Apache Junction.

UPCOMING EVENTS

Saturday October 24th, 2020 - GCUMC | The Gold Canyon Garden Plant Sale will be held in parking lot of the Gold Canyon United Methodist Church on October 24th. Saturday from 7:30 AM -12:00 Noon. Plants that are native to the Soutwest or adapted to the Southwest will be available for purchase.

Events Continue at Boyce Thompson Arboretum, Check the complete event pages on their website at http://www.btarboretum.org/events or contact the Visitor's Center at 520-689-2723. You may also Email: info@btarboretum.org.

Exciting Activities year round at the Superstition Mountain Museum, Call 480 983-4888 or visit www.superstitionmountainmuseum.org for schedule of classes and events.

Visit Lost Dutchman State Park, Check the website www.azstateparks.com/lost-dutchman/ for a schedule of events and activities. Call 480-982-4485

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ASK ABOUT OUR CURRENT SPECIALS

Daily Assurance

By Marcia Nelson

No matter the changes
we see all around,
try to focus your sight
on sameness to be found.

The morning sun still silhouettes
the mountain's rugged peaks
as the cactus wrens chime in
with their welcoming early tweets.

The heavy heat of midday
says it's good to be inside.
Take a break, phone a friend,
maybe a new task to be tried.

As the day slowly fades
and long shadows paint the ground,
the desert seems to sigh.
Darkness creeps in without a sound.

Now go on out and view the wonder
of a quiet starlit night.
Be thankful for the evening.
What an amazing beautiful sight!

The cadence of each day
is comforting for sure.
Just appreciate this wonder.
It just might be the cure.

It's the Time of your Life... Learn to Live it Well

Yoga Chikitsa, which in Sanskrit means "treatment" or "cure" by yoga. Its purpose is to facilitate the purification of the body and the spirit by the neutralization of all imbalances, the elimination of toxins and accumulated tensions.

Yoga is most powerful when it changes the patient's general health outlook, changing the emphasis from reactive to proactive health management. The yogic definition of health or "svastha" is when the functions of the body and mind are in harmony so that they can turn inward to reach the goal of Self-realization. In yogic terms, when you are really your "Self", you are truly at "ease". It is the loss of

the Self that creates "dis-ease". This is a bit different than the Western concept of health, which is often defined as "the absence of disease." In contrast, the yogic concept is that "disease is the absence of vibrant health.

Beyond the physical elements of mindful movement, which are important and effective for strengthening the body, one can utilize an *Integrative Health* approach which incorporates appropriate breathing techniques, mindfulness, meditation, and self-reflection/study to achieve the maximum benefits. The mindfulness and meditation aspects of yoga are ways of training the mind so that one is not distracted and caught up in its endless churning thought stream. These practices build resilience, help the patient cope with stress and manage potential triggers for anxiety. Integrative Health at 'The Live it Well Place' is now offering an individualized, personalized and holistic assessment approach that considers not only the patient's mind, body and spirit, but also their family, support network, work situation, and culture. Treatment plans are broad based and can includes acupuncture, Chinese herbs, therapeutic massage, diet, as well as mindfulness-based practices and/or meditation with specific breathing techniques (pranayamas), calming postures (asanas). All options offered currently within the Live it Well place.

The assessments can be personalized for you to figure out which Yoga or Mindful Movement class is best for you and your physical condition and may also include specific health alternatives so that one can develop a positive state of health by not only treating illness, but also helping one to understand the underlying causes of dis-ease.

Interested? Visit the Integrative Health Office, located on the south side of the Live it Well Place 6607 S. Kings Ranch Road. For appointments and information 480-319-5024 Email: integrativehealthaz@gmail.com Website: www.liveitwellaz.com/integrativehealth. For a schedule of mindful movement classes, please visit www.liveitwellaz.com

Namaste, the light within me honors the light within you.

Help Us Celebrate National Purple Heart Day

Five and a half years ago, Apache Junction was designated a Purple Heart City by the Military Order of the Purple Heart when MOPH installed Chapter 2560 in the city. August 7, 2020 is observed as National Purple Heart Day.

In honor of the National Purple Heart Day, the VFW chapter #7968 along with the Hatfield Medical Group will be inviting all members to join us for lunch. The lunch will start at 11am and ends at 1:30pm. The VFW address is 250 S. Phelps Dr. in Apache Junction.

Arizona State Purple Heart Commander, Charles (Chuck) Byers will be attending with the Apache Junction Purple Heart Chapter #2560.

Hatfield Medical Group will be also donating $100 toward the lunches. After the lunch, Hatfield Medical Group invites everyone to come visit their new facility at 300 S. Phelps Dr. for a tour and a free gift!

Hatfield Medical Group
Quality, compassionate care to every patient, every day

POST #7968

APACHE JUNCTION *Hydration Challenge*

Have you been wondering how you can make a positive impact in our community during these crazy times but it's just too hot outside? One simple act can make all the difference to someone in need. Apache Junction Parks and Recreation is challenging its residents and businesses to help AJ stay hydrated. To meet this challenge simply drop off a case (or more) of bottled water today through August 30 to one of our drop off locations during their normal business hours. Donated water will be distributed to those in need through our hydration partners (Horizon Health, Superstition Fire & Medical, AJ Police, AJ Park Rangers, Genesis Project, AJ Community Food Bank, and more).

Current Drop Off Locations:

- AJ Multi-Gen Center: 1035 N. Idaho Rd.
- AJ Public Library: 1177 N. Idaho Rd.
- AJ Community Food Bank: 575 N. Idaho Rd #701 (M-F 8:30a-11:30a)

If you would like to donate but don't have a way to drop it off please email ggartner@ajcity.net or call (480) 474-5119 to schedule a pick-up.

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FIRE SAFETY
for Furry Family Members

(Family Features) If you have a fire escape plan in place for your home, you're steps ahead of many Americans. According to the National Fire Protection Association, only 30% of American households have developed and practiced a home fire escape plan. It's important for families to stay ahead of the curve and be prepared in the event of a fire.

If an emergency occurs, every member of the household should be accounted for, including pets.

Every year, 500,000 pets suffer from smoke inhalation and 40,000 die due to home fires, according to the American Veterinary Medical Foundation. With 90% of pet owners stating they consider their animals members of the family, according to UBS, it is important to be prepared to rescue four-legged friends when disaster strikes.

"Pets are part of our families, so it's important to recognize they're vulnerable to the same fire risks as people," said Sharon Cooksey, Kidde's fire safety expert. "There are simple ways to keep pets safe at home. Most importantly, recognize every second counts in case of fire, so pet owners should install smoke and carbon monoxide alarms as well as fire extinguishers. Make sure alarms are replaced every 10 years and fire extinguishers every 12 years."

Protect your pet – and your human family – with these tips.

Minimize smoke alarm reactions. Dogs may become unsettled or anxious when a smoke alarm sounds, running and hiding rather than heading toward the door. Particularly if your pet shows signs of agitation when you test the alarm, enlist assistance from professional trainers to help your canine friend learn how to properly respond. Some websites offer online tips, too.

Use window cling alerts. In an emergency, first responders need to be able to quickly assess the number of pets in a home. Consider attaching a non-adhesive decal to a window near your front door to let rescuers know how many animals are inside.

Account for pets in evacuation plans. Pets should always be included in a family's evacuation plan. Always involve your pets and stay aware of their typical hiding spots or safe places where they often nap, in case you must evacuate quickly. Be sure to practice your evacuation plan periodically. Also assign a family member to be responsible for each pet's escape. Keep an emergency kit with food, medication, a leash and collars near the exit.

Keep alarms current. Smoke and carbon monoxide alarms must be replaced after 10 years. In addition to testing alarms once each week, check the manufacture date on your smoke and carbon monoxide alarms to make sure they're current. If they're older than 10 years of age, it's time to replace them. Some options, like Kidde's Wire-Free Interconnected Alarms, feature built-in 10-year sealed batteries and offer simple setup without the hassle of hardwiring or a Wi-Fi connection.

Plan ahead for emergency care. If the unthinkable happens, make sure your pets will be cared for. Save contact information for your veterinarian in a place where you and other family members can easily access it, such as your phone contacts list or a cloud-based shared file. Research local boarding options, hotels that allow pets and friends or family members who might take in your pet temporarily. Also be sure your pet's microchip information is current in case you become separated in an emergency.

For more pet fire safety tips, visit Kidde.com/petsafety. Photo courtesy of Getty Images

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August News
At the Arboretum

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- Utilizing protective face masks
- Practicing social distancing

Boyce Thompson Arboretum encourages all community members to follow the advice of the CDC when choosing whether to visit any outdoor venue.

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Boyce Thompson Arboretum is delivering more all new content than ever. Keep in touch and follow the garden on social media for all things BTA featuring everything from the latest cactus blooms to wildlife in the gardens.

FB: facebook.com/btarboretum
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Website: www.btarboretum.org

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- Confirm event times and read more at www.btarboretum.org
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A HISTORIC REBOUND FOR THE HOUSING MARKET

BY DIANNE OPHELIA COLSON, ESQ
THOMAS POPA & ASSOCIATES

Pending Home Sales increased by 44.3% in May, registering the highest month-over-month gain in the index since the National Association of Realtors (NAR) started tracking this metric in January 2001. So, what exactly are pending home sales, and why is this rebound so important?

In real estate, pending home sales is a key indicator in determining the strength of the housing market. It measures how many existing homes went into contract in a specific month. Generally, it takes about 2 months to close a sale after the house goes into contract.

Why is this rebound important?

With the COVID-19 pandemic and a shutdown of the economy, we saw a steep two-month decline in the number of houses that went into contract. In May, however, that number increased dramatically. This jump means buyers are back in the market and purchasing homes right now.

Lawrence Yun, Chief Economist at NAR states: "This has been a spectacular recovery for contract signings and goes to show the resiliency of American consumers and their evergreen desire for homeownership…This bounce-back also speaks to how the housing sector could lead the way for a broader economic recovery."

The lack of overall inventory, however, is still a challenge, and it is creating an opportunity for homeowners who are ready to sell. The supply of homes for sale has been decreasing year-over-year and is not keeping up with the demand from homebuyers.

Bottom Line

If you decided not to sell this spring due to the health crisis, maybe it's time to jump back into the market while buyers are actively looking for homes.

The author does not guarantee or warrant the accuracy or completeness of the information or opinions contained herein. Nothing herein should be construed as investment advice.

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The investment world contains different types of risk. Your stocks or stock-based mutual funds could lose value during periods of market volatility. The price of your bonds or bond funds could also decline, if new bonds are issued at higher interest rates. But have you ever thought about longevity risk?

Insurance companies and pension funds view longevity risk as the risk they incur when their assumptions about life expectancies and mortality rates are incorrect, leading to higher payout levels. But for you, as an individual investor, longevity risk is less technical and more emotional: it's the risk of outliving your money.

To assess your own longevity risk, you'll first want to make an educated guess about your life span, based on your health and family history. Plus, you've got some statistics to consider: Women who turned 65 in April of this year can expect to live, on average, until age 86.5; for men, the corresponding figure is 84, according to the Social Security Administration.

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MAKING SENSE OF INVESTING

Once you have a reasonable estimate of the number of years that lie ahead, you'll want to take steps to reduce your longevity risk. For starters, try to build your financial resources as much as possible, because the greater your level of assets, the lower the risk of outliving them. So, during your working years, keep contributing to your IRA and your 401(k) or similar employer-sponsored retirement plan.

Then, as you near retirement, you will need to do some planning. Specifically, you will need to compare your essential living expenses – mortgage/rent, utilities, food, clothing, etc. – with the amount of income you'll get from guaranteed sources, such as Social Security or pensions. You do have some flexibility with this guaranteed income pool. For example, you can file for Social Security benefits as early as 62, but your monthly checks will then be reduced by about 30 percent from what you'd receive if you waited until your full retirement age, which is likely between 66 and 67.

You might also consider other investments that can provide you with a steady income stream. A financial professional can help you choose the income-producing investments that are appropriate for your needs and that fit well with the rest of your portfolio.

After you've determined that your guaranteed income will be sufficient to meet your essential living expenses, have you eliminated longevity risk? Not necessarily – because "essential" expenses don't include unexpected costs, of which there may be many, such as costly home maintenance, auto repairs and so on. And during your retirement years, you'll always need to be aware of health care costs. If you have to dip into your guaranteed income sources to pay for these types of bills, you might increase the risk of outliving your money.

To avoid this scenario, you may want to establish a separate fund, possibly containing at least a year's worth of living expenses, with the money held in cash or cash equivalents. This money won't grow much, if at all, but it will be there for you when you need it.

With careful planning, adequate guaranteed income, a sufficient emergency fund and enough other investments to handle nonessential costs, you'll be doing what you can to reduce your own longevity risk. And that may lead to a more enjoyable retirement.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC

WELCOME TO A NEW OPERATIONS MANAGER

David M. Kinchlow, Jr. is a facilities management professional who has dedicated twenty- plus years to honing his logistical operations, customer service and leadership skills in the foodservice, healthcare records, and real estate industries. Kinchlow, a certified ServSafe Food Manager, joins the team at the Superstition Community Food Bank in Apache Junction, Arizona after seven-plus impressive years in university-based retail food service, where he successfully planned, opened, and maintained campus-based concept stores.

Born and raised in southern Indiana, David grew up in a family where hard work and "giving back" to the community were the order of the day and helped lay the foundation for who he is today. He credits his strong work ethic, effective communication skills, and talent for teambuilding as lifelong tools that have served him well throughout his professional working life.

David is a self-described extrovert who enjoys people and spent several years dabbling in the local entertainment circuit as an amateur stand-up comedian. He has done volunteer work with the Make-A-Wish Foundation and has worked as an informal mentor to local youth through area parks and recreation programs. This father of two and grandfather of three is an avid golfer and sports enthusiast.

In joining the SCFB team, David says, "I'm excited to begin this incredible opportunity in the non-profit sector and to play an integral role in such an important cause. SCFB has been a respected and trusted service provider in the Greater Phoenix community for almost 50 years and I look forward to being part of its continued great tradition of feeding the most vulnerable among us."

Drive-In Movies

PRESENTED BY SRP

The August 8th Drive-In Movie will be "The Lion King" (2019 Live Action)

The August 22nd Drive-In Movie will be "Frozen II"

Come out and enjoy a nice evening outside watching a family movie. The Drive-In Movie Presented by SRP will be on the big screen at the AJ Rodeo Grounds Event Center. (movies are subject to change do to licensing restrictions)

PRE-REGISTRATION FOR THIS EVENT IS REQUIRED! The event is $7 per vehicle and space is limited! Social Distancing guidelines will be in place for the movie. You will be asked to park to the front left of your space and you can exit your car if you prefer and view the movie from the right of your vehicle. We will be playing the movie audio through our sound system speakers and will not be broadcasting it to car radios. Patrons will have access to the restroom facilities. The movie will start at 7:30pm and gates will open at 7pm. The City of Apache Junction Parks & Rec will host this event at the Rodeo Grounds Event Center at 1590 E. Lost Dutchman Blvd. Apache Junction, AZ 85119. In the event of bad weather or high winds prior to movie time, this program could possibly be cancelled or moved to a future date. If the event has to be cancelled, there will be no refunds, however, customers would receive a $5 credit on their account. For more information on this program or other programs and services, please contact the Parks and Recreation Department at 480-983-2181 or visit our website at www.ajcity.net/parks.

Notes:

One car per registration. Must bring receipt from your registration or give the name of the person that registered at the gate in order to be admitted to the facility.

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HATFIELD MEDICAL GROUP:
WHERE THE DOCTOR IS ALWAYS IN

Apache Junction is a good place to call home and feel at home, even at the doctor's office! Hatfield Medical Group takes their company's roots as a family company, founded by the original Dr. Hatfield 50 years ago in Mesa, seriously. Any patient who comes to their office will be treated like member of the family. Specializing in primary care for adults on Medicare, Hatfield Medical Group opened their doors in Apache Junction in June.

"Our approach is to take on accountability for our patients' care. That means our patients' health comes before anything else," says Dr. Devin Hon, who will be seeing patients in Apache Junction.

Hatfield Medical Group is different and patients find that the extra time they get to spend with their doctor is just the beginning. The company, which last year had just 5 clinics, has just opened their 9th clinic serving over 35,000 patients across Arizona. The secret to their success is not a secret at all, it's something called Value-Based Care.

Value-Based Care means that doctors take care of their patients and take on the financial responsibility for their health outcomes. Simply put, if the doctors aren't spending time treating their patients in a way that prevents costly and preventable incidents, the doctors have to pay those bills.

"I wanted to practice medicine somewhere I could spend time with my patients and truly get to know them.," Dr. Hon explains. In addition to time with their doctors, Hatfield Medical Group patients receive additional services like care coordination where Hatfield supports patients who need to see specialists with their appointments and following up. Because they specialize in adults on Medicare, Hatfield Medicare Group also offers their patients support with navigating Medicare benefits to help patients choose the right plan for them.

Receive a free meal voucher to the Organ Stop Pizza located in Mesa if readers on Medicare are interested in touring the brand-new Apache Junction clinic in-person or virtually! Schedule your tour no later than August 10th! You can call and schedule a visit at 480.536.6830 ext 4552

Hatfield Medical Group
Quality, compassionate care to every patient, every day

To continue to stay connected, ask about our events calendar or learn more information by visiting www.hatfieldmedicalgroup.com.

TIPS & HINTS
ON LANDSCAPING

TOMMCDONALD
OWNER - SMILING DOG LANDSCAPES

THE PRICKLY PEAR

While this hardy plant now thrives throughout the world, its deepest roots continue to be in Mexican and Southwestern culture. For many of us, the Prickly Pear is the first desert wild food we are introduced to. Even critters, especially javelinas, hunger for the sweet fruit and pads. No wonder – prickly pears are high in vitamin A and C and have traditionally been used to treat everything from diabetes to colitis and asthma.

The pads are not leaves but rather flattened stems. Fresh, young pads are best picked in the spring with a pair of tongs. With a serrated knife, scrape the pad to remove the spines and glochids or hold the pad over a small flame to burn off the thorns before slicing and cooking up a batch of nopalitos. For the less adventurous, pads and jars of pickled nopales can be found in the produce section or ethnic section of some local grocery stores.

When most people talk about Prickly Pear, they are referring to the fruit, aka, tunas. The oval shaped fruit comes in a variety of colors. Here in the Southwest, the deep magenta fruit of the Engelmann Prickly Pear is common and harvested from August through September. While the fruit can be eaten raw, it is most often juiced or turned into jelly, barbecue sauce, and even wine. All you need to harvest the fruit is a long pair of tongs, a clean 5 gallon bucket, and a heavy pair of gloves. Look for fruit that is deep purple in color and ready to burst. If you pick too much, like I always do, wash and scrub the fruit with a vegetable brush to remove the spines and glochids, then bag it and freeze for later processing.

Tolerant of our hot climate, the Prickly Pear is easy to grow and will brighten the spring with blooms of bright yellow, orange, or red flowers. Unique shape and texture, lovely colors, and nutritious to boot – plant the Prickly Pear in your desert landscape and enjoy the fruit of your labor for year to come!

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NATURAL RESTORATIONS

1 MILLION POUNDS OF TRASH REMOVED FROM ARIZONA

Natural Restorations hit a huge milestone on May 18th, 2020; we removed our millionth pound of trash from Arizona's outdoor recreation and wilderness areas! We have removed 513.82 tons (1,027,648 pounds) of trash, 799 tires, and 35,051 square feet of graffiti from public lands across Arizona. We have hosted 62 volunteer events and provided over 5,600 hours of contract work to Military Veterans on our Dedicated Restoration Team.

This year, public lands have seen a huge increase in users, which sadly means a huge increase in the amount of trash left behind. Our Dedicated Restoration Team has seen first hand how public lands across our state are being abused and we would like to share a few simple ways you can be a steward of Arizona's public lands when you head outdoors.

How to be a Good Steward of Our Public Lands:

1. Always make a plan for your trash. If you can, take reusable containers with you to avoid bags and wrappers blowing away. If you bring it out with you, you have a responsibility to pack it out and dispose of it properly. If the idea of putting bag of trash in your vehicle grosses you out, there are some great products out there that allow you to secure a trash bag to your vehicle. Prep food at home to ensure minimal food waste and wrappers in your garbage that would entice animals or make packing trash out a smelly experience.

If there is a dumpster open to the public in the area you are recreating in, please place your trash in the dumpster. If the dumpster is full, do not add to it or pile trash next to the dumpster, you must pack it out with you. If there is no dumpster, do not start a new pile.

Starting a new trash pile in a random place or over grossing a full dumpster is not helpful, it's adding to the problem and encouraging others to do the same. It also makes it more difficult for organizations like ours to get permission from land management agencies to place dumpsters on public lands for our projects because the public abuses them.

2. Make a plan for bathroom business that does not involve leaving toilet paper, feminine hygiene products, diapers, or anything else behind. If you take the time to bag your waste, you must dispose of it

properly. Please do not leave these bags behind. There are plenty of options out there, do a little research and select the one that makes the most sense for you. We have seen a huge increase in people leaving makeshift bathrooms with tarps tied to trees, buckets full of human waste, toilet papers, tampons, and diapers strewn on the forest floor and tied up in the trees.

3. Leave it better than you found it. Take gloves and extra trash bags with you and pick up any trash you find at camp or along the trail. Before you leave your camp, do a walk through of the area and pick up any trash in the area so that the next person can enjoy the area as nature intended. If you have kids, this is a great time to teach them about stewardship and leaving an area better than they found it. We've camped with a lot of families that adopt this practice and the kids actually really get into it and have fun! Kids are watching and they will learn how to treat nature based on how they see their parents and those around them treat it. We come across too many trashed campsites with evidence of little kids being there to observe and learn how to be part of the problem. Let's teach them how to preserve the land so future generations can enjoy them!

4. Join Natural Restorations at an upcoming volunteer cleanup event when we resume hosting events this fall. We plan to resume Volunteer Events this fall provided we get permissions in place from the Forest Service for public gatherings.

We will kick off the season with our Lower Salt River Cleanup for National Public Lands Day on Saturday, September 26th from 8am to 11am. We will be posting additional information on our website and social media pages as we get closer to the date.

Volunteers can register for events on our website, www.naturalrestorations.org, and you can join our volunteer email list to stay informed on upcoming volunteer opportunities.

Save the date for upcoming events:

- **9/26/20 –** National Public Lands Day Cleanup at the Lower Salt River
- **10/10/20 –** Contreras OHV Area Cleanup on the Prescott National Forest in Prescott
- **10/17/20 –** 4th annual Lower Sycamore Fall Cleanup
- **11/27/20 –** 4th annual Green Friday Lower Salt River Cleanup

**Please note these events are subject to change based on COVID restrictions.*

Natural Restorations is an Arizona-based 501(c)(3) nonprofit organization founded by husband and wife team, Justin & Nicole Corey. Founded in 2015, Natural Restorations is on a mission to remove trash, graffiti and anything foreign to the environment while enriching the lives of Military Veterans and other community members.

We accomplish our mission by hosting volunteer events for the community, with a strong focus on youth volunteers, and we manage and operate a veteran-based Dedicated Restoration Team that works year-round to tackle trash and graffiti removal projects across the state. We are expanding our program this fall and will be starting a Reforestation Program. Stay tuned to learn more.

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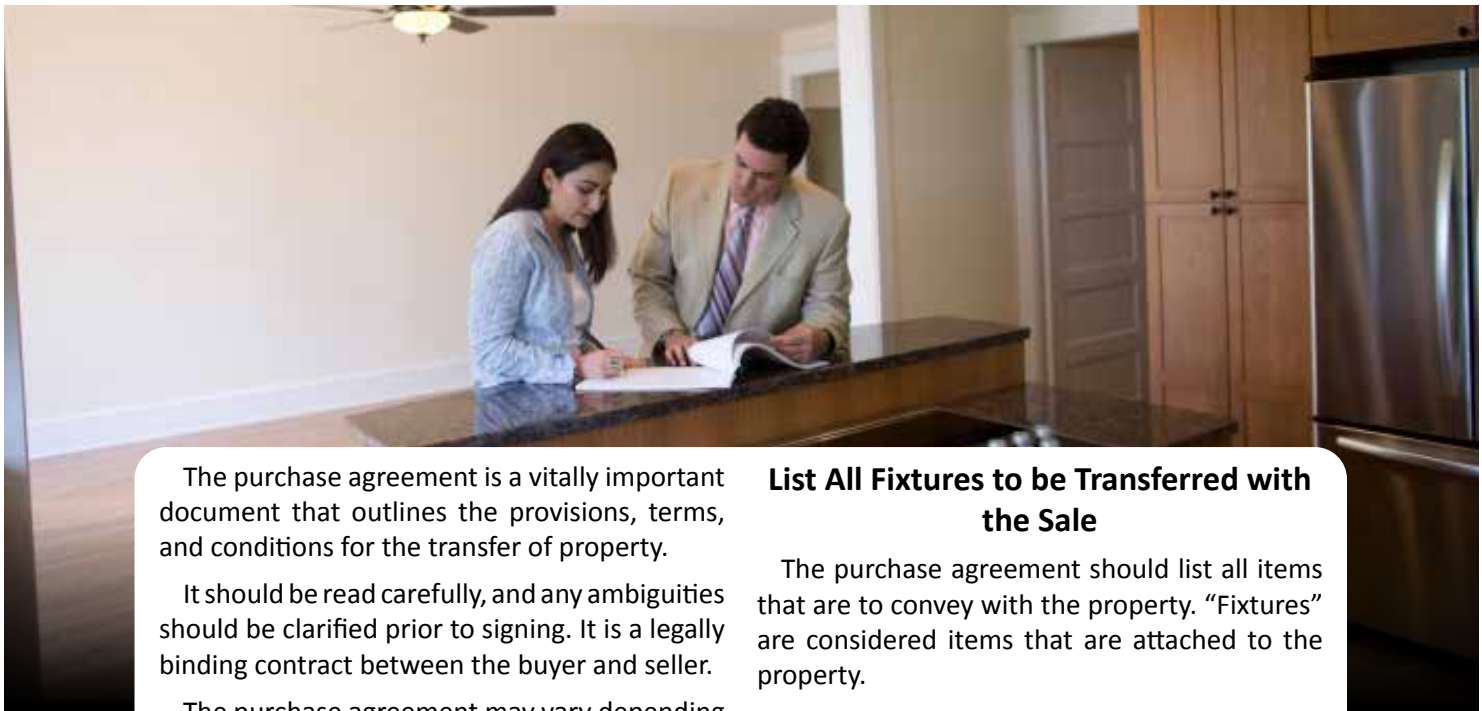
Home Buying Tips:

Three Items to Watch out for in a Purchase Agreement Contract



The purchase agreement is a vitally important document that outlines the provisions, terms, and conditions for the transfer of property.

It should be read carefully, and any ambiguities should be clarified prior to signing. It is a legally binding contract between the buyer and seller.

The purchase agreement may vary depending on the location, In Arizona we use form that has been approved by our state Realtors® Association.

Typically, the purchase agreement will include an inspection period. This allows the buyer time to verify the conditions of the property they are purchasing, and in Arizona the seller has 5 days to provide the buyer wiht a disclosure statement and a 5-year insurance claims report.

All Owners Must Sign the Purchase Agreement

In most cases, the purchase agreement should be signed by the legal owner of the property or their legal representative ie: a trustee if a trust is involved.

If there is more than one owner, each owner should sign the agreement. Therefore, the purchase agreement should be signed by all owners.

In the event the property is being sold by a corporation, verify that the person signing the agreement is authorized to commit the corporation to the sale.

List All Fixtures to be Transferred with the Sale

The purchase agreement should list all items that are to convey with the property. “Fixtures” are considered items that are attached to the property.

Legally, they should be included with the sale, but more than a few buyers have been dismayed to find the property stripped of countertops, appliances, and window coverings. Any fixtures and personal property that are part of the sale should be included in the purchase agreement.

Verify Zoning Ordinances

The purchase agreement may contain various stipulations. One should include the right to cancel the contract if zoning prohibits the use of the property as planned.

Zoning ordinances may restrict the use of buildings or land. This may prove to be an obstacle for someone who intended to include a workshop on the property. The buyer should be able to withdraw from the contract if they discover that zoning prohibits the intended use.

These agreements can be complicated, so be sure to check with a local real estate agent if you’re unsure about how to proceed.

THE LOST SOLDIER MINE

By The Arizona Treasure Hunter

It was in 1869, that Abner McKeever and his family were attacked by a large band of Apache warriors. The McKeever ranch was located at Gila Bend and a long distance away from the protection of Fort Lowell and Fort McDowell. At the end of the raid, the Apache made away with over 20 head of horses, 6 rifles, ammunition, clothes, food and sadly Belle McKeever as well. Abners very own daughter.

After the Apache had left the now destroyed ranch, Abner rode out to Maricopa Wells which was not far away. Maricopa Wells was a popular and reliable watering hole with many pools of fresh ground water. Stagecoaches, mail carriers, miners, travelers and even soldiers frequented Maricopa Wells. As Abner entered the small population of Maricopa Wells he told his story with great emotion and urged every able man to take up arms and help him retrieve his daughter.

Over 15 soldiers were posted to guard the Wells and 6 joined Abner, as well as 5 miners. As the posse began the pursuit they soon came across the Apache raiding party, but the Apache seen they were about to be attacked they split up into many smaller bands and they scattered to the wind. The posse also split up to keep the chase on and run the Apaches down.

During the hard chase three soldiers split off from the main body to chase down four warriors who rode into a arroyo heading South. Sergeant Crossthwaite, Private Joe Wormly and Private Eugene Flannigan were their names.

After a near running gun fight that was nearly 80 miles distant, the soldiers horses finally gave out. The Sergeant ordered his men lay their horses down their horses as cover and the two soldiers shot their horses and used them as cover. The four Apache turned and laughed at the soldiers, even taunted the men for a while before riding into a close by string of hills. The three soldiers were now alone and withonly one horse remaining there was no signs of the other men in the possession be seen. They were alone but still feared the Apache would return soon.

The soldiers set out the way they came and began heading north to where they separated from the rest of their companions. They came into a small mountain range and walked upon a Granite wash and found a spring that was thick with overgrowth inside of a tight canyon. But they finally had water at last and could drink their fill and water their only horse.

As the men drank the cold water and began to rest they noticed to their amazement that there was some gold nuggets lying about the spring and even inside of the spring itself but the nuggets were jagged and not rounded and soft. Pea size, marble size and one was even the size of a half dollar. They looked above the spring and noticed two quartz veins that was laced with gold. One vein was narrow and laced with beautiful gold and the other was a large vein and was a foot and a half wide and nearly 16 feel long being also laced with gold as well.

CONT. PAGE 20

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CONT. THE LOST SOLIDER MINE

As the men stayed at the spring and regained their strength over the course of a two weeks they dug out much the gold with their knives and a small hatchet.

They loaded up the gold into bags made from the clothing they had on themselves. One bag was made from a pair of pants, another from two shirts sewn together and another was made from the Sergeants jacket and they loaded the bags onto the horse and set out northward still to the Gila River.

Just a days walk from the Gila River the men became separated after the horse died. Wormley reaches the Gila and was almost insane from his suffering but ran into some men and was able to guide the party back to his comrades after screaming and crying and telling his story. The men found Flannigan who lasted only on hour before passing away but was able to whisper about the gold they had found, where the horse was and about the spring where the gold was found. Not far was Sergeant Crossthwaites body. The Sergeant has his pockets filled with gold laced quartz.

Over the next 10 years Wormley tried over and over again to re locate the spring and the quartz veins of gold but every expedition ended in disappointment and failure.

He died penniless in Phoenix in 1880.

It is thought that the Mountains the soldiers were in could have been the Harqua Hala Mountains which later yielded many great producing mines and rich placers. Also some say it was in the Sierra Colorado Mountains west of Gila Bend. Others say it could have been Tyson's Wells which is also a great placed gold area. But neither matches the description of what Wormley and Flannigan described. So it very well may still be out there!

If while on your adventures this weekend you find yourself in this area, be sure to keep your eyes open. You never know what you might find! Also be sure to pack in plenty of water and tell someone where you are going and have a back up plan.

For more information and stories, find me on Facebook @AZTreasureHunter

WHAT ARE EXPERTS SAYING ABOUT THE REST OF 2020?

BY DIANNE OPHELIA COLSON, ESQ
THOMAS POPA & ASSOCIATES

One of the biggest questions on everyone's minds these days is: What's going to happen to the housing market in the second half of the year?

Based on recent data on the economy, unemployment, real estate, and more, many economists are revising their forecasts for the remainder of 2020 – and the outlook is extremely encouraging.

Here's a look at what some experts have to say about key areas that will power the industry and the economy forward this year.

"The recovery in housing is happening faster than expected. We anticipated a drop off in Q3. But, we don't think that's the case anymore. We revised our Q3 numbers higher. Before we predicted a 2 percent decline in purchase originations in 2020, now we think there will be 2 percent growth this year." Joel Kan, Mortgage Bankers Association

"Home sales will surely rise in the upcoming months with the economy reopening, and could even surpass one-year-ago figures in the second half of the year." Lawrence Yun, NAR

"We can project that the next few months will see a slow-yet-steady improvement in new inventory…we projected a stepped improvement for the May through August months, followed by a return to the historical trend for the September through December time frame." George Ratiu, realtor.com

"Going forward, we forecast the 30-year fixed-rate mortgage to remain low, falling to a yearly average of 3.4% in 2020 and 3.2% in 2021." Freddie Mac

Bottom Line

The experts are optimistic about the second half of the year. If you paused your 2020 real estate plans this spring, summer may be your season.

The information contained, and the opinions expressed, in this article are not intended to be construed as investment advice. The Author does not guarantee or warrant the accuracy or completeness of the information or opinions contained herein.

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IN THE KITCHEN
WITH MARSHA

MARSHADORRIS

DIJON DILL POTATO SALAD

- 2 c Mayonnaise
- ½ c Dijon Mustard **(original recipe called for Hellmann's Dijonnaise Creamy Mustard Blend)
- ¼ c Vinegar
- ¼ c Fresh Dill, chopped
- Salt & Pepper to taste
- 4 lbs small red potatoes, cooked and cubed
- 2 c sliced celery
- 1 c sliced green onions
- 3 Hard-boiled eggs, chopped

In a large bowl, combine first 6 ingredients. Stir in cooled potatoes, celery, green onions and the hard boiled eggs. Cover and chill a couple hours before serving.

***I could not find Hellmann's Dijonnaise Creamy Mustard Blend in the stores, so just used Dijon mustard.*

Recipe from an old edition in the Detroit News Paper

Contact Marsha at Marsha.Dorris.Realtor@gmail.com with any questions

CHERRY CRISP

½ c butter

1 ½ c brown sugar

1 c all-purpose flour

1 c Quaker old fashioned oats

¾ tsp baking powder

¼ tsp baking soda

A pinch of salt

2 cans cherry pie filling

Melt the butter in a 9" x 13" pan in oven, taking care that the butter does not start to brown. In a bowl, mix all of the dry ingredients with a spoon. Pour melted butter into the dry ingredients and mix well. Put ½ of it back into the pan you melted the butter. Spread out evenly and pat down. Pour cherry pie filling over the top. Put the other ½ of the crumb mixture on top. Do not stir. Bake at 350 degrees for 1 hour.

Serve warm with vanilla ice cream if desired.

Recipe from Pioneer Sugar Company

Small Business/Non-Profit Grant Program Launching

Small businesses and non-profit entities in Apache Junction are invited to apply for up to $10,000 under the city's Small Business and Non-Profit Assistance Grant Program, made possible by the federal "CARES" Act allocation.

The Apache Junction City Council on Tuesday approved the program during a special meeting to further address the effects of the COVID-19 pandemic on the community and its economy.

"We have seen how the virus outbreak has hurt our mom-and-pop businesses and non-profits in the city," said Mayor Jeff Serdy. "This program is meant to try and help them all, which in turn helps the entire community."

The council set aside a little more than $1.2 million of the city's CARES Act funding for the program, earmarking $200,000 for the non-profits and the rest for small business.

Applications will be accepted between July 21 and Aug. 25. Grants will be awarded on a rolling basis until funding is exhausted or the grant period closes.

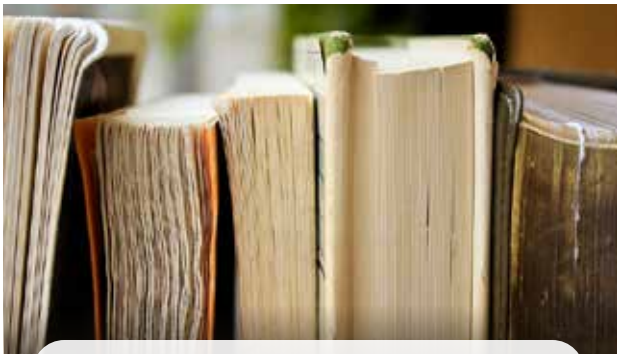
The city received an allocation under the federal Coronavirus Aid, Relief, and Economic Security Act, which the city is using to cover public safety and unexpected costs due to the coronavirus pandemic. That gave the city council the flexibility in the budget to direct some funds to small business and non-profits with facilities in Apache Junction. Under the program, businesses and non-profits can apply for up to $10,000 to cover rent, utilities, personal protective equipment (PPE) and/or other required modifications due to mandates related to the virus.

Eligible expenses include up to four months' rent and four months' utilities, which includes water, electric, internet, gas and sewer service. Also eligible for grant funds are PPE costs or those incurred for the modifications such as the installation of Plexiglas guards, signage or cleaning materials.

For-profit businesses with locations inside the Apache Junction city limits holding a valid city business license on or before March 1, 2020 are eligible to apply. Businesses cannot be a company-owned franchise and must provide documentation that its income/sales have decreased by at least 25 percent due to COVID-19 starting in January through date of application submittal.

Non-profit entities must have physical locations within the Apache Junction city limits and have seen an increase in demand for services or operations impacted by 25 percent or more to be considered.

Information is available on the city's website, at www.ajcity.net/ajsbgrant, or call (480) 474-5076 or (480) 474-5071.



NO MORE LATE FEES

at the AJ Public Library

Apache Junction Public Library

The Apache Junction Public Library will no longer charge daily overdue fines on late materials beginning Aug. 3.

"We want everyone in the community to have full access to all that we offer. This is a great time to return your overdue items and rediscover the library," said Apache Junction Library Director Pam Harrison. "Of course, you are still responsible for returning your items so others can use them."

The library will continue to send reminders for the return of items.

Existing overdue fines will be cleared from all accounts but fees for lost or damaged items will remain on your account. Patrons owing more than $5 for lost or damaged items will not be able to borrow library materials until fees are paid or lost items are returned.

Items that are overdue 100 days or more will be considered lost and patrons will be billed for them. If the items are returned, the billed charges will be cleared from the account with no overdue fines.

If unreturned items total more than $81, the account will be referred to a collection agency and an additional $10 fee will be added to the account.

The elimination of the overdue fines was approved by the Library Board on June 18.

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Could It Be Your Thyroid?

Dry skin and hair, hair loss, fatigue, depression, weight gain, constipation, and hypersensitivity to cold—these are all symptoms that may be related to an underactive thyroid gland.

When the thyroid gland is functioning properly we're not even aware of it but when problems develop, proper treatment is essential.

Thyroid problems can come in many different forms, but one that is often missed by routine medical testing is a condition called Hashimoto's thyroiditis. It's an autoimmune disorder involving chronic inflammation of the thyroid. Left untreated, it can eventually lead to an underactive thyroid.

Hashimoto's thyroiditis is the most common cause of hypothyroidism in the U.S. It can be seen at any age and can affect men, women, and children, and it tends to run in families.

Routine Lab Tests Might Miss It

To identify this condition, a blood lab must be performed to look for the presence of elevated TPO antibodies, which can be a marker of Hashimoto's. Often with routine testing this test is excluded, thus leading to the conclusion that the thyroid function is "normal" and needs no treatment, even though a patient's symptoms indicate thyroid problems.

The good news is that Hashimoto's and other thyroid problems such as low thyroid function (hypothyroidism) are very treatable. It's important to take both test results and patient symptoms into account.

One Size Doesn't Fit All

Be aware that there is no "one size fits all" solution. Treatment is very individualized based on he patient's symptoms, test results, lifestyle, and even diet.

Medications used also vary. Some patients respond well to natural medications and others to synthetic. The type, dosage, and timing of dosage can also play a large part in successful treatment.

Many patients are amazed at how proper thyroid treatment can lead to a vast improvement in quality of life!

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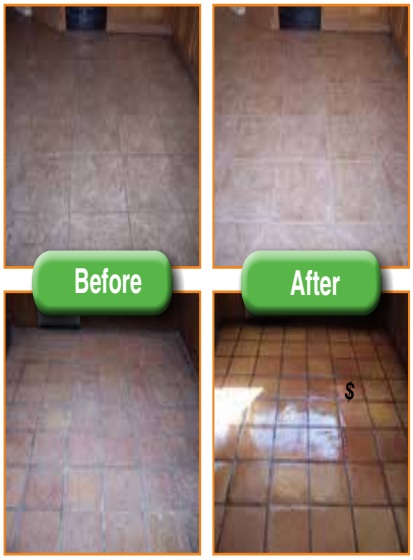

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PHOTOGRAPHY FROM AROUND THE AREA

We want to highlight **YOUR PHOTOS**! Email me at *editor@mansurdesign.com.*

LIMIT 2 PHOTOS PER PERSON.

Scorched Earth and Fire Damage by Collins Family

Sawtooth fire at the ridge of Superstition mountain by Robert Miselis

Dutchman Trailhead before closure by Sheton

Chuckwalla near Superior by Janelle Hamilton

Hummingbird in REM sleep by Ricardo Gonsalves

Stopped by for a Drink by Cindy Duntley

The Crescent Nebula located in the constellation Cygnus by Jim Sellers

The Cats Paw Nebula located in the constellation Scorpius by Jim Sellers

Thirsty RoadRunner by Roy Fuerherm

Walking in Queenvalley in the early morning by Karen Finley

Heard of a Teacup Yorkie?...how 'bout a Teacup Great Horned by Mark Brown

Quail Families by Roy Fuerherm

Walking Man Cactus by Bob Garrity

Cactus wren by Leona Speidel

Roadrunner (cloud) over Superstition Mountains by Rick Lancaster

Superstition Early in the Morning by Brooklyn Thompson

Fiercely Defending Her Nest by Don Fenton

Chuckwalla Lizard on peak of Silly Mountain by Rick Lancaster

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Gila Monster at Boyce Thompson Arboretum by Carolyn Baecker

Tiny Hummer on a Toothpick by Denice March

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1541 SQ FT **2B/2B GOLF COURSE LOT**

MESA DEL ORO ESTATES **$625,000**
Reduced $53,000 1.1 Acre estate with pool NO HOA, Circular Drive, Large RV Pad, Gourmet Kitchen, 2 covered patios, Built in BBQ
3452 SQ FT **4B/3.5B 3 CAR GARAGE**

MESA DEL ORO **$525,000**
NO HOA, .997 Acre Lot, Superstition Mtn Views 2019 New Sparkling Pool with Travertine pavers, 2019 Full Length Extended Rear Patio, 600 sq ft Master Bedroom, 2 RV Carports
2,490 SQ FT **4B/2B RV PARKING**

GOLD CANYON EAST **$695,000**
Custom Home, Backs to Dinosaur Mountain, Elevated Lot, Resort Style Back Yard, Pool/Spa, Extended Rear Covered Rear Patio, Viewing Deck, Huge Kitchen with Granite
2,998 SQ FT **4B/2.5B 3 CAR GARAGE**

CUSTOM LOT **$895,000**
NO HOA! Detached 40'X40' 5 Car Detached RV Garage W/Workshop, 1.997 Acres Lot, Circular Driveway, Pool, Custom Floor Tile, Plantation Shutters, Snail Shower Superstition Mtn Views, Covered Wrap Around Patio
5,114 SQ FT **5B/4B RV PARKING**

SUPERSTITION MOUNTAIN GOLF & CC **$585,000**
Tuscan, Italian Inspired Villa, Overlooks Waterfalls Ponds & 9-Hole Putting Green, Lower Level Master Suite, Walk-In Shower, Custom Wood Fireplace Mantel, Granite Counters, New Upgraded Appliances
2,993 SQ FT **3B/3B SUPERSTITON MTN VIEWS**

QUAIL CANYON **$719,500**
Gated Subdivision, Premium Golf Course Lot, Master Suite W/2 Walk-in Closets, New Interior/Exterior Paint, Travertine Tile Flooring, New Carpet, Granite Counters Upgraded Cabinetry, Resort Backyard, Heated Pool/Spa
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